

DROP IN PROGRAMS- PRE- REGISTRATION IS NOT REQUIRED

DAY	PROGRAM	TIME	COST	ROOM	CONVENOR
Monday	Badminton	7:00 pm - 9:30 pm	\$0.50	Auditorium	Arun Dewan
	Bid Euchre	6:30 pm - 10:00 pm	\$2.00	Craft	Ken Budarick
	Casual Bridge	9:00 am - 12:00 pm	\$0.50	Craft	Margaret Crawley
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Virginia Guevera
	Melody Makers - Last Monday	11:45 am - 12:45 pm	\$2.00	Auditorium	Norma Matus
	Pickle Ball	9:00 am - 11:30 am	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	1:00 pm - 4:30 pm	\$0.50	East/West	Alphie Cheng
Tuesday	Table Tennis	9:00 am - 11:30 am	\$0.50	West	Alphie Cheng
	Cribbage	1:00 pm - 3:30 pm	\$0.50	West	Jeanne Lafond
	Mah-Jong	1:00 pm - 4:30 pm	\$0.50	Craft	Sashi Chitharanjan
	Pickle Ball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Cha Pin Lee
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
Wednesday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Band Practice	9:30 am - 11:30 am	\$1.00	Craft	Betsy Duffy
	Book Club (1st Wed of Mth)	10:00 am - 12:00 pm	\$0.50	Board Room	Dianne Vanderwal
	Book Club (2nd Wed of Mth)	1:00 pm - 3:00 pm	\$0.50	Board Room	Donna Jacobs
	Current Events Plus	1:00 pm - 3:00 pm	\$1.00	West	Carol McKnight
	Euchre	12:30 pm - 3:00 pm	\$2.00	Auditorium	Blair Simpson
	Knitting	1:30 pm - 4:00 pm	\$0.00	Craft	Joyce Bulgin
	Snooker	8:30 am - 10:00 pm	\$0.50	Snooker	Steve Riesberry
	Pickleball	7:00 pm - 9:30 pm	\$0.50	Auditorium	Alphie Cheng
	Volleyball	1:30 pm - 3:30 pm	\$0.50	Cornell	Joe Signorello
Thursday	Canasta	1:00 pm - 4:00 pm	\$0.50	West	Keith Shopman
	Crafts	1:00 pm - 3:30 pm	\$0.00	Craft	Wendy Wise
	Cribbage	1:00 pm - 3:30 pm	\$0.50	East	Jeanne Lafond
	Pickleball	12:30 pm - 2:30 pm	\$0.50	Auditorium	John Varone
	Pickleball	2:45 pm - 4:30pm	\$0.50	Auditorium	Kai Mark
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Wood Carving	9:00 am - 12:00 pm	\$0.50	West	Zdenek Brezina
Friday	Badminton	9:00 am - 11:30 am	\$0.50	Cornell	Arun Dewan
	Bridge (Duplicate)	1:00 pm - 4:30 pm	\$1.00	Craft	Bob Ysseldyk
	Pickleball	1:30 pm - 4:00 pm	\$0.50	Auditorium	Clarence Jones
	Snooker	8:30 am - 5:00 pm	\$0.50	Snooker	Steve Riesberry
	Table Tennis	9:00 am - 12:30 pm	\$0.50	East/West	Eric Tam

INSTRUCTIONAL PROGRAMS - PRE-REGISTRATION IS REQUIRED

Check with the Front Desk (905) 294-5111 or the Program Convenor for availability, dates, # of classes & cost

DAY	PROGRAM	TIME	ROOM	CONVENOR
Monday	Beginner Line Dancing	1:15 pm - 2:15 pm	Auditorium	Joyce McDowell
	Line Dancing	2:30 pm - 4:00 pm	Auditorium	Dianne Sweeney
Tuesday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan
	Exercise	10:15 am - 11:15 am	Auditorium	Dan Gilligan
	Water Colours	9:30 am - 12:00 pm	East	Susan Flatt
	Water Colours	1:00 pm - 3:30 pm	East	Susan Flatt
	Yoga	1130 am - 12:30 pm	Auditorium	Ruth MacCharles
	Zumba Gold	1:15 pm - 2:15 pm	Auditorium	Susan Flatt
	Zumba Gold	2:30 pm - 3:30 pm	Auditorium	Judy Menlove
Wednesday	Acrylics	1:00 pm - 3:30 pm	East	Susan Flatt
	Djembe Drumming	12:00 pm - 1:00 pm	Craft	Diana Baron
	Line Dancing	3:30 pm - 5:00 pm	Auditorium	Carol Sparks
	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan
	Tai Chi	10:30 am - 11:30 am	Auditorium	May Annamunthodo
Thursday	Exercise	9:00 am - 10:00 am	Auditorium	Lyn Bryan
	Exercise	10:15 am - 11:15 am	Auditorium	Dan Gilligan
Friday	Osteo Fitness	9:00 am - 10:00 am	Auditorium	Lyn Bryan
	Yoga	10:15 am - 11:15 am	Auditorium	Wendy Wise

Updated
Oct 4, 2024