


<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Snooker</b> 8:30 a.m. - 10:00 p.m.	<b>Snooker</b> 8:30 a.m. - 10:00 p.m.	<b>Snooker</b> 8:30 a.m. - 10:00 p.m.	<b>Snooker</b> 8:30 a.m. - 5:00 p.m.	<b>Snooker</b> 8:30 a.m.-5:00 p.m.
<b>Pickleball - Auditorium</b> 9:00 a.m. - 11:30 a.m.	<b>## Exercise - Auditorium</b> 9:00-10:00a.m. & 10:15-11:15a.m.	<b>## Osteo Fitness - Auditorium</b> 9:00 a.m. - 10:00 a.m.	<b>Wood Carving - West Room</b> 9:00 a.m. - 12:00 p.m.	<b>Table Tennis - East &amp; West</b> 9:00 a.m. - 12:30 p.m.
<b>Casual Bridge - Craft Room</b> 9:00 a.m. - 12:00 p.m.	<b>Table Tennis - West</b> 9:00 a.m. - 11:30 a.m.	<b>Badminton - Cornell</b> 9:00 a.m. - 11:30 a.m.	<b>## Exercise - Auditorium</b> 9:00-10:00a.m. & 10:15-11:15a.m.	<b>## Osteo Fitness - Auditorium</b> 9:00 a.m. - 10:00 a.m.
<b>Melody Makers - Auditorium</b> Last Monday in the month 11:45 a.m. - 12:45 p.m.	<b>## Water Colours - East Room</b> 9:30a.m-12:00p.m.& 1:00-3:30p.m.	<b>Band Practice - Craft Room</b> 9:30 a.m. - 11:30 a.m.	<b>Canasta - West Room</b> 1:00 p.m. - 4:00 p.m.	<b>Badminton - Cornell</b> 9:00 a.m. - 11:30 a.m.
<b>Beg. Line Dance-Auditorium</b> 1:15 p.m. - 2:15 p.m.	<b>## Yoga - Auditorium</b> 11:30 a.m. - 12:30 p.m.	<b>Book Club - Board Room</b> First Wed 10:00 a.m. - 12:00 pm Second Wed 1:00 pm -3:00 pm	<b>Crafts - Craft Room</b> 1:00 p.m. - 3:30 p.m.	<b>## Yoga - Auditorium</b> 10:15 a.m. - 11:15 a.m.
<b>Mah-Jong - Craft Room</b> 1:00 p.m. - 4:30 p.m.	<b>Mah.Jong - Craft Room</b> 1:00 p.m. - 4:30 p.m.	<b>Tai Chi - Auditorium</b> 10:30 am-11:30 a.m.	<b>Cribbage - East Room</b> 1:00 p.m. - 3:30 p.m.	<b>Duplicate Bridge - Craft Room</b> 1:00 p.m. - 4:30 p.m.
<b>Table Tennis - East &amp; West</b> 1:00 p.m. -4:30 p.m.	<b>Cribbage - West Room</b> 1:00 p.m. -3:30 p.m. .	<b>## Djembe Drumming - Craft Room</b> 12:00 p.m. - 1:00 p.m.	<b>Pickleball - Auditorium</b> 12:30 p.m - 2:30 p.m.	<b>Pickleball - Auditorium</b> 1:30 p.m. - 4:00 p.m.
<b>## Line Dancing - Auditorium</b> 2:30 p.m. - 4:00 p.m.	<b>## Zumba Gold - Auditorium</b> 1:15-2:15 p.m. & 2:30-3:30 p.m.	<b>Euchre - Auditorium</b> 12:30 p.m. - 3:00 p.m.	<b>Pickleball - Auditorium</b> 2:45-4:30 p.m.	
<b>Badminton - Auditorium</b> 7:00 p.m. - 9:30 p.m.	<b>Pickle Ball - Auditorium</b> 7:00 p.m. - 9:30 p.m.	<b>Current Events Plus - West Room</b> 1:00 p.m. - 3:00 p.m.		
<b>Bid Euchre - Craft Room</b> 6:30 p.m. -10:00 p.m.		<b>## Acrylics - East Room</b> 1:00 p.m. - 3:30 p.m.		
		<b>Knitting - Craft Room</b> 1:30 p.m. - 4:00 p.m.		
<b>Updated</b> <b>October 4, 2024</b>		<b>Volleyball - Cornell</b> 1:30 p.m. - 3:30 p.m.		
		<b>## Line Dancing - Auditorium</b> 3:30 p.m. - 5:00 p.m.		<b>Pickle Ball - Auditorium</b> Wed. 7:00 p.m. - 9:30 p.m.

Programs with ## are instructional & require pre-registration. Check with the Front Desk (905) 294-5111 or program Convenor for availability, dates, # of classes & cost.