



NEWS

FEB 2025

AND

VIEWS

MARKHAM SENIORS ACTIVITY CENTRE 22 WATER STREET, MARKHAM, ON

**PRESIDENT'S REPORT... Les Miscampbell**



Hello Everyone,

Our Christmas Luncheon was held on December 6th at the Mandarin Markham East location. The event hosted 112 attendees and received many positive reviews. Now the festive season is behind us and we must be mindful that the weather in February can be quite nasty. Please be careful out there. It can quickly turn icy and very slippery. City staff do their best to keep our building access areas safe for us. They are diligent in snow clearing and salt application but there still can be slick areas which are best avoided. I'd like to remind you that the Markham Seniors Centre has an inclement weather closure policy that is based on the York Region District School Board decision to operate or cancel school bus operations. If the buses do not operate the Centre will not open and all programs are canceled. You have several choices by which to be informed. Radio, TV, or visit the school bus website at <http://net.schoolbuscity.com/> for information. The City of Markham will also send out a cancellation email notice to those members who provided their email address to the city when they registered.

Most of our programs are now in full swing and being enjoyed by many. However, some of our instructional programs are so popular we can't accommodate everyone who wishes to participate and that unfortunately results in "wait lists". I'm asking the Convenors of those programs that when you are signing up attendees for a new session, first offer a spot to the members on your "wait list" For those Convenors who are already doing this, thank you. It is greatly appreciated by those who have been patiently awaiting their turn. I offer my thanks to all of our volunteers. You are the bedrock of our club and a key reason for our success in fulfilling our mandate to provide physical, mental and social contact for seniors in Markham. Additional volunteers are needed and welcome. Please consider filling out a Volunteer Application Form. You will find blank forms on the bathroom hall bulletin board or at the front desk.

In closing, I remind you to always have your membership card with you whenever you are at the Centre. You could be asked to present it at any time. There are still some membership cards at the front desk waiting for their owners to claim them. Please pick them up as soon as you can. Enjoy your club and don't be shy about helping your program Convenors.

Markham Seniors Activity Centre - 22 Water Street, Markham, ON L3P 7P9

Phone: 905-294-5111 OAlA website: [www.markhamseniorcentre.com](http://www.markhamseniorcentre.com)

The News & Views is published nine times annually

<p><u>President</u> <b>Les Miscampbell</b></p> <p><u>Vice President</u> <b>Mark Barrett</b></p> <p><u>Secretary</u> <b>Debra Conrad-Knight</b></p> <p><u>Treasurer</u> <b>Carl Veacock</b></p> <p><u>Assistant Treasurer</u> <b>Michelle Perry</b></p> <p><u>Membership Director</u> <b>Joan Green</b></p> <p><u>Program Directors</u> <b>Susan Flatt</b> <b>Keith Shopman</b> <b>Wendy Wise</b> <b>Norma Matus</b> <b>Carol Sparks</b></p> <p><u>News &amp; Views Publisher</u> <b>Joan Green</b></p> <p><u>Proofreader</u> <b>Helena Miscampbell</b></p> <p><u>Invoice Clerk</u> <b>Audrey Hillis</b></p> <p><u>Webmaster</u> <b>Frank Dittmann</b></p>	<h2>MARKHAM SENIORS ACTIVITY CENTRE</h2> <h3>2025 BUILDING CLOSURE DATES</h3>			
	DATE		REASON FOR CLOSURE	
	Monday, February 17th		Family Day	
	Friday, April 18th		Good Friday	
	Monday, April 21st		Easter Monday	
	Monday, May 19th		Victoria Day	
	Tuesday, July 1st		Canada Day	
	Monday, August 4th		Civic Holiday	
	Friday, August 22nd @5:00pm to Sunday, August 31st		Annual Building Maintenance	
	Monday, September 1st		Labour Day	
	Monday, October 13th		Thanksgiving	
	Tuesday, December 23rd @5:00pm to Thursday, January 1st, 2026		Closed for the Holidays	
	<h3><u>MEMORIAL POSTINGS</u></h3> <p>At the October 2024 board meeting, the board approved the posting of a memorial for recently deceased members in the club newsletter. The current form used to request a special occasion card has been updated so that when a member requests that a card be sent in the event of a death, they can also request a newsletter memorial posting. The deceased member's name will be the only information included in the newsletter posting. If there are any postings, they will appear in this space.</p> <p>There are no memorial postings for this edition of the newsletter</p>			

Newsletter Contact - [newsandviewsmarkham@gmail.com](mailto:newsandviewsmarkham@gmail.com)

Note - Members are reminded both they and the public can view the newsletter at:  
[www.markhamseniorcentre.com](http://www.markhamseniorcentre.com). Use caution before providing personal information.



**DISCLAIMER** The publication of any advertisements in this newsletter is not to be construed as an endorsement of the product or service offered unless it is strictly stated in the ad that there is an endorsement or approval.



**Cribbage Christmas Party held Dec. 19**

Thank you to all our members for eagerly participating in our pot-luck meal. I am grateful that everyone stayed to help us clean up at the end. OUR GROUP IS AMAZING.

Note: Cribbage is held on Tuesday and Thursday at 1.00 pm. COME CHECK US OUT  
 Jeanne Lafond—Convenor

**LIBRARY**

I hope you had a great holiday. It's nice to have a break, but I always look forward to a return to routine. My routine includes reading a good book inside, while the temperatures drop outside. Our special elves have been keeping the library neat and tidy. The goal is to have a welcoming room where members can browse and select books to take home. You might notice that we have quite a few puzzles. Please help yourselves. We continue to accept donations of new and "like new" novels. Just place them inside the library, under the "donations" sign. We ask that you do not drop off dated, damaged or non-fiction books. We continue to use the honour system, so no need to sign out your selections. Please place your borrowed books in the return bin so we can keep track of usage.

Angela Stewart, Library Convenor

## **O. A. I. A. CHRISTMAS LUNCHEON 2024**

The Christmas Luncheon was held on Friday, December 6th 2024, at the Mandarin East Restaurant located on Copper Creek Drive.

Special thanks go to my team, Beverley Budarick, Mary Lou Busato and Donna McGraw for their assistance and support.

Thanks go out to the Front Desk Volunteers for their help in selling 110 tickets in under two weeks, to Mark Barrett for preparing the tickets and sign-up sheets and to Debra Conrad-Knight for preparing the many Requests for donation and Thank you letters.

Huge thanks also to the following donors for their generous donations for door prizes.

AMICA Swan Lake

AMICA Unionville

Cottage Springs Brewery Company

Garden Basket Food Market

Guardian Pharmacy Markham

Ithaca Greek and Mediterranean Restaurant

Karen Rea, Ward 4 Councilor City of Markham

Mandarin Markham East

St. Andrew's Presbyterian Church

St. Andrew's United Church

Valleyview Gardens

### **O.A.I.A. Member Donors**

Craft Group, Knitting Group, Muriel Thompson, Norma Matus

Thank you to all.

Helena Miscampbell

Special Events Convenor

## CHESS



Do you play Chess ?? Come out and have a game or two.  
Every Friday in the Board Room 10 am - noon.  
Teaching available

Frank Dencshazi—Convenor

Contact Front Desk—905-294-5111

## MELODY MAKERS

MELODY MAKERS perform at our club the last Monday of every month

Come out and support them listening to all your favourites. If you wish to get up and dance that would be awesome

11.45 am to 12.45 pm. Monday Feb 24th ,March 31st, April 28th, May 26th & June 30th

\$2 entry. \$1. Coffee/tea cookies

Norma Matus.



## SINGING-WEDNESDAY 11am-12pm West Activity Room

We started our singing group on the **15th of January** and are looking forward to continuing. We are happy to welcome new members, so feel free to stop by and see what we are all about. At present, we are enjoying a variety of music but are thinking about picking a few to perform later this year, or perhaps next year, depending on how the members feel.

Convenor - Donna Jacobs—Contact Front Desk 905-294-5111

## BOOK CLUB #2

Our January pick was called "The Guest List", by Lucy Foley. It's a mystery which takes place during a wedding, on a remote island off the coast of Ireland. It will keep you engaged from the very beginning as the secrets, lies and connections between the guests are skillfully revealed. Who is the murderer?

It is held every **2nd Wednesday of every month from 1-3pm**. We now have room for a couple of new members. Call the convenor if you'd like to join.

Convenor - Donna Jacobs—Contact front desk 905-294-5111

## TRAVEL DESK

It just seems like yesterday when the team got together and chose the trips for 2024 and here we are in 2025 choosing new trips we hope you will enjoy. Where did the time go? We hope everyone enjoyed a very Happy Holiday season and are looking forward to a great 2025. The team met on Friday, January 17th to put a package together. We are still waiting for Year Round Travel to confirm some of the (dates and availability). We have the first two events confirmed. We will re-open the Travel Desk on Monday, February 3rd.

The Travel Desk hours of operation:  
Monday 10:00a.m. to 12:00p.m.  
Tuesday, Wednesday, Thursday 10:00a .m. to 2:00p.m.  
Friday - Closed

The trips the team finally chose are:

Wed., April 9th - Famous People Players Theatre, Toronto - **confirmed**  
Thurs., May 1st - Crazy For You - Hamilton Theatre, Cambridge - **confirmed**  
Wed., June 11th - Wennonah II Luncheon Cruise & Gravenhurst Market -**to be confirmed**  
July 9th or 16th - Peterborough Lift Lock Cruise & Whetung Ojibwa Gallery - **to be confirmed**  
August - no trips  
Tues., Sept. 23rd - Dirty Rotten Scoundrels - Stratford Festival Theatre - **to be confirmed**  
Thurs., Oct.30th - Witness For The Prosecution - Hamilton Theatre, Cambridge - **confirmed**  
Nov. or Dec. Christmas Showcase with the Guse family at Waterloo & Christmas Lights - **no date as yet.**

As soon as we get confirmation on all the trips, we will post a full list at the Travel Desk. We may make a change in the June and July cruises. It makes more sense going to the Gravenhurst Market in July and moving the Peterborough Lift Locks to June. We have emailed him with our request and will follow up when he returns. This sounds like a broken record, but we are still looking for floaters for the Travel Desk. A floater would fill in for a team member who would not be able to fill his-her time slot for whatever reason. If you are able to spend two hours should this event happen, we would really appreciate your help. We understand that we all have hectic lives and would not always be available, but if we have a healthy list to choose from, that would make our lives a lot easier. We recently had a couple of volunteers step forward and appreciate them joining the team.

Mary Lou Busato, Convenor

Footnote: The flyer for our first event "Famous People Players Theatre" was posted on the Travel Desk, Tuesday, January 21st. For those people who have a flyer there is an error that we would like to bring to your attention---The price of this trip is \$129.00 for members and \$134.00 for non members. We have now corrected the flyers and apologize for this error.

## TAI CHI

The present Tai Chi session commenced on Wednesday, January 8, 2025, from 10.30 a.m. to 11.30 a.m. and will end on Wednesday, February 26, 2025, from 10.30 a.m. to 11.30 a.m. This session comprises of eight (8) classes, the cost of which is \$30.00 person. New members are welcome. A new sign-in sheet for the next session (date to be announced) will be at the front desk before the commencement of the new session

May Annamunthodo - Convenor

Nancy Kamanga - Co-convenor

## ART PROGRAMS

Water Colours -Tuesday Morning 9-30am –12:00pm & Afternoon 1:00-3:30pm.

January 14, 21 & 28. February 4, 18 & 25. (No class February 11), March 4

Limited spaces available

Acrylics—Wednesday Afternoon 1:00-3:30pm.

January 15, 22 & 29. February 5, 19 & 26. (No class February 12), March 5

Waiting list only

Please sign up in the binder at the Front Desk

Convenor—Susan Flatt



## CURRENT EVENTS PLUS GROUP

The Group Gathers Every Wednesday  
in the West Activity Room from 1:00 to 3:00 pm.

Come and join our "Group". The program consists of members getting to know each other through, sharing humour, discussing current local and world events, plus other subjects of interest. Pictures and videos related to the subjects of the day will be presented by a member and viewed on a large movie screen.

On entering, please sign in and deposit your \$0.50 in the  
"Room Fee" basket.

Do come and enjoy each other's company.  
See you all on Wednesday afternoons.

Carol McKnight  
Convenor

Robin Bryan  
Co-Convenor



**DJEMBE DRUMMING**

Wednesday Noon — 1:00 p.m.  
 In the Craft Room.  
 Sign up at the front desk.

Cost depends on number  
 of participants.

**MONDAY MORNING BRIDGE**

9:00 a.m. to 11:30 a.m.  
 In the Craft Room.  
 Come out and enjoy a game with  
 friends and neighbours

Margaret Crowley - Convenor

**CANASTA**

We meet from 1 p.m. — 4 p.m. in  
 the west room every Thursday for  
 a fun afternoon and camaraderie.  
 If you are interested in learning a  
 new card game or to renew your  
 skills... contact the front desk

905-294-5111, Keith Shopman



A frozen river,  
 sublime stillness  
 above,  
 Clogs or dams,  
 an interference  
 to love.  
 Yet not far below  
 or even beside,  
 The flow  
 continues  
 and life will abide.

**Dixon-Garland Funeral Home**  
 dixongarland.com | 905-294-2030



**MARKHAM DISTRICT VETERANS ASSOCIATION**

**NEW MEMBERS WELCOME**

**OUR MEMBERSHIP OFFERS:**

CARDS/EUCHURE | OCCASIONAL MEALS/DINNERS  
 MEAT DRAWS | KARAOKE | BUS TRIPS  
 POOL TABLE | ELECTRONIC DART BOARDS

WE ALSO PLAN EVENTS FOR: NEW YEARS EVE, DINNERS AND DANCES, ROBBIE BURNS, ST. PATRICKS

**AND TO EVERYONE, WE OFFER HALL RENTALS - PERFECT FOR:**

SHOWERS • WEDDINGS • BIRTHDAYS • DANCES  
 CELEBRATIONS OF LIFE • SPECIAL OCCASIONS  
 KITCHEN FACILITIES

**CONTACT US TO INQUIRE!**

905-294-3159 • MARKHAMVETERANS@ROGERS.COM • 7 WASHINGTON ST. MARKHAM ON, L3P 2R3


**Happy Valentine's Day**



**Karen Rea**  
 Ward 4 Councillor  
 Tel. 905.479.7751

To keep informed on Markham and Ward 4 issues, visit:  
[www.karenrea.ca](http://www.karenrea.ca) or email: [krea@markham.ca](mailto:krea@markham.ca)

FLATO MARKHAM THEATRE




**RUMORS**  
 by Neil Simon

A RIOTOUS FARCE FILLED WITH CONFUSION AND COVER-UPS

February 2025

WED	THUR	FRI	SAT
12 TH 8PM	13 TH 8PM	14 TH 8PM	15 TH 8PM/8PM

markhamlittletheatre.ca



SEE YOU AT THE MOVIES - WINTER 2025

Markham at the MOVIES

tiff | FILM CIRCUIT

BRINGING AWARD-WINNING CANADIAN AND INTERNATIONAL FILMS TO MARKHAM

**FEBRUARY 25**  
 7:00PM

**LA COCINA**  
 A tragicomic tribute to the invisible people who keep our restaurants running. Dreams and desperation collide as the staff in a Times Square kitchen each chase the elusive American dream.

RAIL BRICKS  
 ROONEY MARA

DYNAMIC DOWNSIZERS

MARKHAM COUNCIL

Single Tickets \$15 cash at the door at Flato Markham Theatre Box Office

FLATO MARKHAM THEATRE

[WWW.MARKHAMATTHEMOVIES.COM](http://WWW.MARKHAMATTHEMOVIES.COM)



## CALLING THE SHOTS NEVER GETS OLD

At Amica Senior Lifestyles, the day is yours to spend any way you wish. Whether you like to keep busy and stay social or relax and take things at your own pace, we'll work to discover what makes you, you. Together we'll create a senior living experience that's all yours, including personalized, professional care that evolves to meet your needs, even as those needs change. And, like spending the afternoon shooting the breeze, that never gets old.

CALL TODAY TO BOOK A TOUR & COMPLIMENTARY LUNCH

# AMICA

SENIOR LIFESTYLES

AMICA UNIONVILLE • 905-947-9990

AMICA SWAN LAKE • 905-201-6058

INSPIRED  
SENIOR LIVING

## Ever thought about living with your *best friend*?

Experience the joy of sharing and companionship in our  
spacious two-bedroom suites.

**INDEPENDENT LIVING | ASSISTED LIVING | RESPITE STAYS**

Book your personal tour: Call (905) 642-2902

**STOUFFVILLE CREEK**  
RETIREMENT RESIDENCE

Visit our residence at 40 Freel Lane, Stouffville, ON  
or online at [StouffvilleCreekRetirement.com](http://StouffvilleCreekRetirement.com)

# You Deserve a Break Tonight...

*With over 200 fully-prepared, frozen meals and free delivery why not let us take care of dinner so you can focus on taking care of all the other things on your list*



Delicious Meals Made *for* Seniors

**Call us today**  **905-713-5718**



\* Some conditions may apply.



# Bloom

## Stouffville

Retirement Community

**You will feel safe**  
**You will have many services at your disposal**  
**Our caring staff will be at your service**

**It is just as priceless**  
**for us as it is for you!**

**Contact Ann for a personalized tour.**

**905 642-5626**

135 Mostar St, Stouffville

**BloomStouffville.ca**

Apartments and services for retirees



# Why Choose HearWay?

I have worked as a hearing instrument specialist at some reputable hearing clinics for the past 6 years. After gaining experience, I decided to open my own practice with a mission of delivering the highest quality of hearing healthcare to my patients. "Always delivering best practices with the client's lifestyle in mind."

My hearing clinic stands firmly on the core values of professionalism, reliability, care, and quality. I adopt a client-centric approach to carefully listen to your concerns and work with you to design customized treatment plans.

I am well-versed with the latest technologies and advancements in the hearing healthcare domain and focus on implementing the best industry practices. I am also the recipient of the 2021 Charles Holland Award, which represents a model of hearing excellence across Canada.



**Lyle Mirrett, HIS**  
Hearing Instrument Specialist

## Personalized Hearing Care

Whether you are facing hearing loss symptoms for the first time or need help with choosing the right hearing aid for your lifestyle, I am here to help.

- ✓ Free hearing tests and consultations
- ✓ Hearing healthcare education and more
- ✓ Hearing aid repairs
- ✓ Tinnitus management
- ✓ Mobile/At-Home Services
- ✓ Free hearing tests and consultations
- ✓ Lifetime hearing aid maintenance
- ✓ Hearing aid programming
- ✓ Free wax removal

4591 Hwy. 7, #115  
Unionville, ON L3R 1M6

**289.554.9754**  
**www.hearway.ca**



# Valentine's Day

Find the words on the list in the word search below!

X Z N E I H  
 H Z B M S W Q X F  
 Z Q J F O O A A M C S  
 C B I G L R R R T A F D X  
 Q G E A O H T U S X E I B B W D X A C S H D W W G O D H  
 U P P J W E T W A F U P D J J U C E U V T M Q A H V U Z  
 U R F Q E B Q E Z H R U C B U B X H U L I J X F D E D A  
 I A J W R R E N U Y S C E B Q E F O O R D B F E X W Z Y  
 W G S S S E N D N I K P T S K Z A T W C L G R P H N K M  
 T J U W O E S E R V I C E C S N O F R J O U A Q M U C E  
 L K C O T M B L U F T H G U O H T C P Q L L Q T M F N U  
 D O I Y B Q D Y G H A P P I N E S S T O S Z A H G E Z Y  
 J Z Z H D U V Q P D R P I H S D N E I R F G R T N I T  
 D E T S N R P E E P C D W H R M S Q D T L F O E S C  
 F M J W A G H O B T O K L W U P O D F O Z A P J  
 A Z K V C V H O R X X P X J C L E T T E R S  
 T G I F T S R M H S F E K N I P P T I A  
 D I R D A W G D C A X R G T B F K H  
 E I T B B P J K C V B A Z I M D  
 Q F P V I O Z Z I N C H Y J  
 J S Q Y D D Z M H E Y S  
 H T B V S H H I X Q  
 W I K L Z F M Z  
 B O T G P J  
 L V I R  
 V R

---

ARROWS  
 CUPID  
 FUN  
 HEARTS  
 LOVE  
 RED  
 SHARE

CANDY  
 FLOWERS  
 GIFTS  
 KINDNESS  
 NICE  
 ROSE  
 SWEET

CHOCOLATE  
 FRIENDSHIP  
 HAPPINESS  
 LETTERS  
 PINK  
 SERVICE  
 THOUGHTFUL